

HACL News Bulletin

HACL WELCOMES A NEW DIRECTOR OF HOUSING SERVICES!

The Housing Authority is pleased to WELCOME Ms. Vanessa L. Dunn as its new Director of Housing Services. Ms. Dunn's first day was September 9th and she is already busy working on a number of projects!



Ms. Dunn is new to the Lumberton area but has worked in the area of Human Services for over eleven years. Ms. Dunn previously worked with the Durham Housing Authority for seven years.

Ms. Dunn is excited to apply her knowledge of various housing programs in her new role at HACL. She enjoys getting to use practical property management strategies to assist families obtain the housing they need. Ms. Dunn is aware that both the agency and the residents have concerns.

In fact, each of Ms. Dunn's top priorities involve making improvements to customer service. The first priority is to improve HACL's customer service to the residents and the Lumberton community. The second priority is to work on standardizing HACL's policies and procedures.

"It is our job to ensure that the Residents and the community at-large understand our processes. Once everyone has a clear understanding of our processes and those processes are the same regardless of you may speak to at the agency, residents and the community will be less frustrated."

Additionally, Ms. Dunn has a strong commitment to educating residents about their housing options, choices, rights and responsibilities.

Ms. Dunn is looking forward to getting to know the residents of each community. Please say hi and introduce yourself if you see her out on site or at a HACL meeting.

HACL CAREER OPPORTUNITIES

HACL has several career opportunities available. You may obtain an application on www.lumbertonhousing.com. The following positions are vacant:

- Director of Finance & IT Services
- Resident Services Coordinator
- Assistant Asset Property Manager
- Asset Property Manager



Providing exemplary customer services to the residents and the community of Lumberton.

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SPECIAL POINTS OF INTEREST

- Participating in HACL's Community Service Opportunities.
- Safety tips for trick or treating.
- Continuing Education Opportunities with RCC.

TEEN OUTREACH PROGRAM (TOP)



Ms. Dominique Mitchell will be sponsoring the “Teen Outreach Program” in the Turner Terrace Community Building, every Tuesday (3:30 pm - 5:30 pm). T.O.P. will allow HACL youth the opportunity to enhance their personal development through an exploration of their values and their relationships with parents,

peers, and the community. The program is designed for teens in grades 6th-12th.

TOP reduces the risk of problem behavior while empowering teens to lead successful lives and build strong communities. This Program is open all HACL teens.

Ms. Mitchell is looking forward to seeing your teens there!

Getting the Most Out of the Community Service Program

EXPANDED FOOD AND NUTRITION PROGRAM (EFNEP)

HACL is very excited to offer new community service opportunities during the months of October and November 2013.

The Eat Smart-Move More classes will begin on October 2, 2013 each Wednesday. Classes will begin at 10:00 am to 11:30 am.

Topics of discussion will include basic nutrition and food safety. You will experience food tastings and recipes too!

Upon completion of the program you will receive:

- Certificate of Completion
- EFNEP Cookbook
- Basic Skills to Eat Smart & Move More
- Indoor Walking DVD

Contact Nanette Hayes, Resident Services Specialist at 910-671-7228 to sign-up for the class, space is LIMITED.

We look forward to seeing you there!

COMMUNITY SERVICE REQUIREMENT

The Community Service and Self-Sufficiency Requirement (CSSR) says that public housing residents, 18 and over, must participate in community service or an economic development program for 8 hours per month. CSSR is required by law. Community service can provide residents with a rewarding experience that allows them to give back to their neighborhoods and enhance their job skills at the same time. The types of allowable community service organizations include:

- Local public or non-profit institutions, including those serving public housing residents and their children such as: schools, daycare centers, before and after-school programs, nursing homes, recreation centers and more.
- Programs under the Older Americans Act such as senior centers, Senior Meals on Wheels, and Green Thumb.
- Public housing agency developments, including work to improve grounds or create gardens.

Programs that meet requirements for economic development or self-sufficiency can include: Job readiness or job training, Higher education such as vocational college, community college, junior college; GED classes; Apprenticeships; substance abuse or mental health counseling; Reading, financial or computer literacy classes; English as a Second Language or English Proficiency classes; Budgeting and credit counseling.

Some residents do not need to meet CSSR requirements. This includes people who are 62 years of age or older, people who are blind or disabled or the primary caretaker of someone who is blind or disabled, and people already participating in work activities. If you think you are exempt from CSSR, please contact the site manager.

HACL'S BEDBUG DO'S AND DONT'S

Do: Contact HACL Immediately

Don't: Ignore the Problem!

Do: Wash all of your bedding in hot water and dry it in the dryer on the hottest setting for a minimum of 20 minutes.

Don't: Use fly spray to kill bedbugs! It doesn't work.

Do: Wash all of your clothing in water and dry it in the dryer on the hottest setting for a minimum of 20 minutes.

Don't: Give or loan clothing or other personal belongings.

Do: Eliminate clutter from your home. Completely destroy anything that you throw away.

Don't: Scratch bedbug bites, it can cause a serious skin infection.

Do: Limit the number of visitors to your home until the bedbug are gone.

Don't: Spray 100% pure rubbing alcohol in the home. It's flammable!

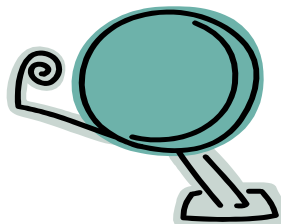
Do: Check the your clothing and shoes before you leave your house. Don't spread the bugs!

Don't: File a complaint until you have given HACL an opportunity to treat your home.

HACL NEW SATELLITE DISH POLICY

Residents in HACL communities may have satellite dishes installed. However there are some provisions that must be followed prior to installation:

1. There is a \$100.00 deposit that must be paid to HACL prior to installation of the satellite
2. Residents must provide HACL proof of liability and indemnity insurance. The insurance coverage must be no less than \$100,000.
3. Residents may only install one satellite dish within the premises. A satellite dish may not be more than 39 inches in diameter.
4. The satellite may not be installed on the following if you reside in a multi-family residence:
 - ⇒ Parking areas
 - ⇒ Roof
 - ⇒ Exterior Walls
 - ⇒ Window
 - ⇒ Fence
 - ⇒ Other Commons Areas



BEDBUG DO'S AND DON'T'S

It has come to the attention of HACL that some of our residents have experienced a bedbug infestation.

HACL has prepared a list of do's and don't's whenever you suspect you have a bedbug infestation.

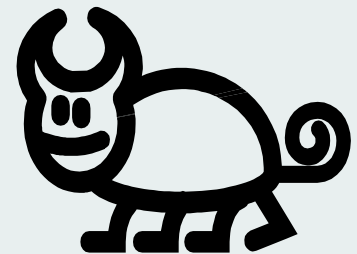
Follow this list to decrease the chances of spreading bedbugs to other units.

Additionally, you can use a spray bottle with 50% water and 50% rubbing alcohol as an effective means to kill bedbugs.

You are also encouraged to thoroughly vacuum the floor and baseboards in the rooms that have bedbug. Vacuum often. Sprinkle a cup of talcum powder or corn starch on the floor before you sweep. Empty the dust cup or throw away the bag after you've finished.

Buy entomologist certified bedbug encasements for your mattress and springs. Be sure to leave your mattress and springs encased at least a year because bedbugs can survive without food or water for up to 12 months.

Should you have any questions regarding the suggestions, do not hesitate to ask your site manager.



FAIR HOUSING: KNOW YOUR RIGHTS (FREE WORKSHOP)

Legal Aid of North Carolina is sponsoring a free workshop. Topics will include:

- ⇒ What property is covered?
- ⇒ What are my rights?
- ⇒ How Can I Make a Complaint?
- ⇒ Who Can I Contact for Help?

Ms. Ida Baker of Legal Aid of NC and Ms. Lauren Brasil of Fair Housing Project of Legal Aid of NC will be the presenters.

Contact the Legal Aid of NC Pembroke Office at 910-521-2831 to register.

Event will be held at the Hoke County Library on October 10, 2013 from 10:00-2:00 pm.



COMMUNITY BANNING POLICY

The Housing Authority of the City of Lumberton is committed to providing decent, safe and sanitary housing to its residents.

Our communities are for the exclusive use and enjoyment of the residents, your household members and legitimate guests and visitors.

ALL other persons will be regarded as trespassers and subject to prosecution.

The Banning Policy is applicable to all HACL properties and is effective October 1, 2013. The following people are considered to have a non-legitimate purpose in the HACL communities:

1. Individuals who are not employees, commissioners, representatives, agents, contractors or law enforce-

ment agents.

2. All persons who commit the following acts:

⇒ Assault, battery, arson, vandalism, malicious destruction of property, disturbing the peace, murder, manslaughter, rape, sexual assault, prostitution and/or solicitation, abduction, kidnapping, illegal gambling, harassment, stalking, violation of protective, restraining, or peace order, domestic violence, the attempt to commit any the above mentioned crimes. A complete Banning Policy will be issued to all residents.

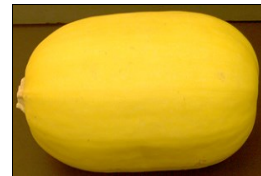
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COOK'S CORNER

Spaghetti Squash is a great alternative to spaghetti, rice, and potatoes. The cooked squash flesh shreds like spaghetti, hence its name. On average, a spaghetti squash measures 12 inches in length and about 6 inches in diameter. The squash should be an even light yellow color, firm with no bruises. You can store them at room temperature for up to 3 weeks.

Spaghetti squash is available year-round with a peak season in the Fall. Spaghetti squash has a very mild flavor, it is usually served with a sauce. You can also enjoy it with salt and a little pat of butter. Cooking the squash is very simple.

Below you will find cooking instructions! Bon A petit!



COOKING INSTRUCTIONS FOR SPAGHETTI SQUASH

You will need: (1) Spaghetti Squash (2) Large Sharp Knife (3) Baking Pan (4) Oven (5) Kitchen Fork. Prick the spaghetti squash with a fork all over, this will keep the squash from bursting while it bakes. Place the whole squash in a baking pan. Bake in a preheated oven at 375 degrees for 1 hour.



When the squash is cool enough to handle, cut lengthwise. Scoop the seeds and the fibrous from the center of the squash. Gently scrape the tines of a kitchen fork around the edge of the spaghetti squash to shred the squash.

Cooked spaghetti squash is usually served with sauce, because alone it can be bland, but it is only 70 calories for each 1 cup serving!

Continuing Education Classes

Robeson Community College's (RCC) Continuing Education sponsors continuing education classes at 300 Brooke Lane in the Weaver Court Community Building. These classes are open to all HACL residents. Parents enrolled in this class are allowed to bring their children!

RCC's Continuing Education will provide transportation to and from the classes. For enrollment information please contact the Continuing Education Department at Robeson Community College at (910)272-3601.



Spaghetti Squash, A Healthy Alternative to Spaghetti Noodles!!!!

HACL WELCOMES OUR NEW RESIDENTS!!

On behalf of the HACL Board of Commissioners, Mr. LeMark Harris, Interim Executive Director, and Ms. Vanessa L. Dunn, Director of Housing Services, HACL would like to take this opportunity to welcome to your new home. Nan Hayes, Resident Services Specialist can assist you with information pertaining to:

- ⇒ Family Self-Sufficiency
- ⇒ Community Service Opportunity
- ⇒ Continuing Education

HACL encourages you to attend your community

meetings and to participate with your Resident Council and all activities HACL offers. If you are in need of any services Ms. Hayes can be reached at (910)671-7228, or visit the office at 613 King Street.

Your Community Manager and the Maintenance Staff are here to assist with your daily needs or any housing problems arise.

*Remember the LEASE you signed is your CONTRACT with HACL and must be followed. If you have any questions about your LEASE please let your Manager know.

PROPERTY MANAGER'S REMINDERS.

1. RENT IS DUE ON THE 1ST OF EACH MONTH
2. RENT IS LATE AFTER THE 7TH OF EACH MONTH.

PLEASE PAY YOUR RENT AND EXCESS UTILITIES ON TIME TO AVOID RECEIVING A LATE NOTICE. IF YOU HAVING TROUBLE PAYING YOUR RENT AND NEED AN INTERIM PROCESSED, PLEASE CONTACT THE PROPERTY MANAGER AS SOON AS POSSIBLE.

SAFETY TIPS FOR HALLOWEEN

Children should always go trick or treating accompanied by a responsible adult

Stick to the curfew for trick or treating in your town

Plan a safe route for the evening and remember the cell phone

Instruct your children not to eat any treats until they are home so that you have time to examine them

Make sure your child carries a flashlight, glow stick or has reflective tape on their costume to make the more visible to cars

Let them know that they should stay together as a group if going out to Trick or Treat without an adult.

Make Halloween a fun, safe and happy time for your little ghouls and goblins.

Property Manager's Contact Information

Weaver Court, Rozier Homes Lumbee Homes

Ms. Revonda Mustoe, Property Manager :910-671-8207

Ms. Rhonda Christian, Asst. Manager: 910-671-8206

Turner Terrace, Davis Heights, The Meadows and Extension

Ms. Jean Stewart, Property Manager:910-671-8209

Ms. Shelby Foy, Asst. Manager: 910-671-8247

Mohr Plaza, Hilton Heights, Tudor Court, Eastwood Terrace

Ms. Cynthia Brown, Property Manager: 910-671-8208

Ms. Marcella Huggins, Asst. Manager: 910-671-8247

Maintenance: 910-671-8220



Housing Authority of the City of Lumberton

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