

# HACL NEWS BRIEF

OCTOBER 1, 2015

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## The Housing Authority of the City of Lumberton Names It's New Executive Director



The Housing Authority of the City of Lumberton (HACL) has named Mr. Larry Russell, of Rocky Mount, North Carolina, as its Executive Director.

Mr. Russell, who had been Executive Director for the Rocky Mount Housing Authority since 1992, will assume the executive administration of the day-to-day management of the HACL's Public and Housing Choice Voucher (HCV) programs.

"Mr. Russell's more than 30 years of combined experience serving several public housing agencies is a good fit for the Housing Authority of the City of Lumberton," states Ms. Pam Hunt, Chairperson of the HACL Board of Commissioners. "The HACL Board of Commissioners would like to express their sincere gratitude to the Pembroke Housing Authority Board and Mr.

Lemark Harris for their assistance during our transition period. Mr. Harris has provided exceptional leadership for the past two and a half years, and has been instrumental in bringing our agency back to a healthy status. We look forward to working with Mr. Russell, and feel that he will be an asset to our agency."

Mr. Russell graduated from Fayetteville State University in 1974 with a double major in History and Sociology. He later earned a Master in Public Administration from North Carolina Central University. He has worked for Fayetteville, Greensboro, and Raleigh housing authorities in various management capacities.

Mr. Russell will assume his role on October 1, 2015 when he replaces Mr. Lemark Harris, (pictured below) who has served as the HACL's Interim Executive Director since March, 2013.



Pictured (L to R) Ms. Pam Hunt, Chairperson; Mr. Paul Matthews, Commissioner; Ms. Tonia McNair, Commissioner; Mr. Lemark Harris, Interim Executive Director; Ms. Barbara Brown, Commissioner and Mr. Danny Martin, Commissioner





## *Bedbugs-What You Need To Know*

### **Where Bedbugs Hide?**

Bedbugs may enter your home undetected through luggage, clothing, used beds and couches, and other items. Their flattened bodies make it possible for them to fit into tiny spaces, about the width of a credit card. Bedbugs do not have nests like ants or bees, but tend to live in groups in hiding places. Their initial hiding places are typically in mattresses, box springs, bed frames, and headboards where they have easy access to people to bite in the night.

Over time, however, they may scatter through the bedroom, moving into any crevice or protected location. They may also spread to nearby rooms or apartments.

Because bedbugs live solely on blood, having them in your home is not a sign of dirtiness. You are as likely to find them in clean homes as well as unclean ones.

### **Bedbug Treatment**

Getting rid of bedbugs begins with cleaning up the places where bedbugs live. This should include the following:

- Clean bedding, linens, curtains, and clothing in hot water and dry them on the highest dryer setting. Place stuffed animals, shoes, and other items that can't be washed in the dryer and run on high for 30 minutes.
- Use a stiff brush to scrub mattress seams to remove bedbugs and their eggs before vacuuming.
- Vacuum your bed and surrounding area frequently. After vacuuming, immediately place the vacuum cleaner bag in a plastic bag and place in garbage can outdoors.
- Encase mattress and box springs with a tightly woven, zippered cover to keep bedbugs from entering or escaping. Bedbugs may live up to a year without feeding, so keep the cover on your mattress for at least a year to make sure all bedbugs in the mattress are dead.
- Get rid of clutter around the bed.

If your mattress is infested, you may want to get rid of it and get a new one however, your unit must be rid of bedbugs or they will infest your new mattress.

### **Am I At Risk for Infestation?**

Because bedbugs hide in small crevices, they hitch a ride into your home on luggage, pets, furniture, clothing, boxes, and other objects. Bedbugs are found worldwide, but are most common in developing countries. Once rare in North America, they may be on the rise due, in part, to increase in international travel.

If you believe you have a bedbug infestation, please call your Asset Manager for additional information and to schedule an appointment for treatment..

**Jean Stewart**  
**910-671-8208**

- Mohr Plaza
- Eastwood Terrace
- Myers Park
- Tudor Court
- Hilton Heights

**Cynthia Brown**  
**910-671-8209**

- Tuner Terrace
- Davis Heights
- The Meadows
- Meadows Ext.

**Marcella Spaulding**  
**910-671-8210**

- Lumbee Homes
- Weaver Court
- Rozier Homes



## *Bedbugs-What You Need to Know (cont'd)*

### **Don't Let the Bedbugs Bite**

As if you needed something else to worry about, bedbugs, those pests from the old bedtime rhyme are making a comeback. More of a nuisance than a health hazard, they're showing up to suck blood from people in hotels, college dorms, hospitals and apartment complexes. Take an informative look at bedbugs: what they are, where they lurk, and how to spot them before they get you.

### **Bedbug or Imposter?**

Don't assume your bites are bedbugs. Bites can be hard to identify, even for doctors. Rule out mosquitoes, fleas, mites, and biting gnats by conducting a visual inspection. It's best to collect and identify bedbugs to confirm bites. Look for the bugs themselves or their bloodstains, especially along the seams of mattresses. Further, look for dark spots of insect waste where bedbugs might crawl into hiding places on furniture, walls, and floors.

### **Signs and Symptoms of Bedbug Bites**

Amazingly, these sneaky little bloodsuckers dine on you without waking you. You don't feel their stealthy bite because they inject a numbing agent into your body, along with an anticoagulant to keep your blood flowing as they suck. The first sign of bedbugs may be itchy, red bites on the skin, usually on the arms or shoulders. Bedbugs tend to leave straight rows of bites.

### **Know the Enemy**

Bedbugs are small, flat, wingless insects with six legs that, like mosquitoes, feed on blood from animals or people. They range in color from almost white to brown, but they turn rusty red after feeding.

The common bedbug doesn't grow much longer than 0.2 inches (0.5 centimeters) and can be seen by the naked eye to the astute observer. Bedbugs get their name because they like to hide in bedding and mattresses.





**FIRE SAFETY**

To protect yourself, it is important to understand the basic characteristics of fire. Fire spreads quickly; there is no time to gather valuables or make a phone call. In just two minutes, a fire can become life-threatening. In five minutes, a residence can be engulfed in flames.

**Create and Practice a Fire Escape Plan**

In the event of a fire, remember that every second counts, so you and your family must always be prepared. Escape plans help you get out of your home quickly. Twice each year, practice your home fire escape plan. Some tips to consider when preparing this plan include:

- Find two ways to get out of each room.
- If the primary way is blocked by fire or smoke, you will need a second way out.
- Make sure that windows are not stuck and screens can be taken out quickly.
- Practice feeling your way out of the house in the dark or with your eyes closed.
- Caregivers are encouraged to check the smoke alarms of those who are unable to do it themselves.

A properly installed and maintained smoke alarm is the only thing in your home that can alert you and your family to a fire 24 hours a day, seven days a week. A working smoke alarm significantly increases your chances of surviving a deadly home fire. The batteries in smoke detectors should be checked monthly.



**GRILL SAFETY**

Fire in the grill, under hot dogs and burgers, is a welcome sight at the family cookout. But fire anywhere else can make your summer kick-off barbecue memorable for all the wrong reasons. To keep you and your family safe while grilling, follow these general guidelines:

**General Grilling Tips**

- Charcoal BBQ grills should only be used outdoors in the back of your apartment.
- The grill should be placed well away from the home, deck railings and out from under eaves and over hanging branches.
- Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- Keep children away from the grill area.
- Never leave your grill unattended.





The HACL strives to keep all of our developments decent, safe and sanitary. However, it is difficult to maintain or properties without your help. The properties and common areas should be free of trash, debris and litter. It is your responsibility to ensure that you are properly disposing your garbage.

**DO NOT PLACE TRASH CAN ON CURB UNTIL THE NIGHT BEFORE TRASH PICK-UP DAY**

Trash cans are to be removed from the curbside after trash pick-up and placed and kept at the back of your apartment at all times. Your garbage pick-up day will be the same day of each week.

**TRASH COLLECTION DAYS:**

**TUESDAY:** DAVIS HEIGHTS—MEADOWS—MEADOWS EXTENSION

**THURSDAY:** EASTWOOD TERRACE—ROZIER HOMES

**FRIDAY:** LUMBEE HOMES—WEAVER COURT—TUDOR COURT  
TURNER TERRACE—HILTON HEIGHTS— MYERS PARK



**DISCARDED HOUSEHOLD FURNITURE**

Any large items to be thrown away should **NOT** be put on curb until day before trash pick-up day.

**Discarded furniture, mattresses, TV’s, etc., are considered “BROWN GOODS.”**

**Discarded washers, freezers, and dryers are considered “WHITE GOODS.”**

All **BROWN** and **WHITE** goods are to be placed beside the street for Waste Management to pick up. Whenever possible, place these items on the street the day before your schedule brown and white trash pick up days.

**COLLECTION DAYS FOR BROWN AND WHITE GOODS:**

**TUESDAY:** ROZIER HOMES

**WEDNESDAY:** LUMBEE HOMES—WEAVER COURT—TURNER TERRACE—HILTON HEIGHTS—MYERS  
PARK—TUDOR COURT

**FRIDAY:** DAVIS HEIGHTS—MEADOWS—MEADOWS EXTENSION

**QUESTIONS OR CALLS FOR SERVICE:**

Call Waste Management in Lumberton at 910-738-2294 or 910-738-2250. Other questions may be directed to the maintenance department at 910-671-8227 or to your community manager.

**NOTE: Indoor furniture is not allowed on the porches or outside your apartment. Only appropriate patio furniture is acceptable. All toys, bicycles and grills are to be properly stored away.**

